



BREAKING THROUGH SELF-DOUBT
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We all struggle with self-doubt.

Moses

But Moses protested to God, “**Who am I** to appear before Pharaoh? **Who am I** to lead the people of Israel out of Egypt?” *Exodus 3:11*

“O Lord, **I’m not very good with words**. I never have been, and I’m not now, even though you have spoken to me. I get tongue-tied, and my words get tangled.” *Exodus 4:10*

Jeremiah

“O Sovereign Lord,” I said, “I can’t speak for you! **I’m too young!**” *Jeremiah 1:6*

Gideon

“But Lord,” Gideon replied, “how can I rescue Israel? My clan is the **weakest** in the whole tribe of Manasseh, and I am the **least** in my entire family!” *Judges 6:15*

Self-doubt leads to _____ relationships.

Self-doubt _____ your growth.

Self-doubt leads to _____.

Imposter Syndrome: the feeling of inadequacy and fear of being exposed as a fraud, even among accomplished individuals

1. You must learn to see yourself as _____ sees you.

“God has always used imperfect people in imperfect situations to accomplish His perfect will.” – Rick Warren

The angel of the Lord appeared to him and said, “**Mighty hero....**” *Judges 6:12*

2. Understand that God uses _____ people.

Then the Lord turned to him and said, “Go with the **strength you have**, and rescue Israel from the Midianites. I am sending you!” *Judges 6:14*

The Lord said to Gideon, “You have **too many** warriors with you. If I let all of you fight the Midianites, the Israelites will **boast** to me that they **saved themselves** by their own strength.” *Judges 7:2*

The Lord told Gideon, “With these **300 men** I will rescue you and give you victory over the Midianites. Send all the others home.” *Judges 7:7*

“My grace is all you need. My power works best in **weakness**.” *2 Corinthians 12:9*

...for the **Lord** will be your **confidence....** *Proverbs 3:26*

“I will be **with you**.” *Exodus 3:12*

The Lord replied, “Don’t say, ‘I’m too young,’ for you must go wherever I send you and say whatever I tell you. And don’t be afraid of the people, for I will be **with you** and will protect you. I, the Lord, have spoken!” *Jeremiah 1:7-8*

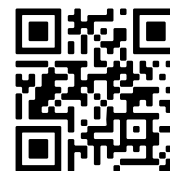
The angel of the Lord appeared to him and said, “Mighty hero, the Lord is **with you!**” *Judges 6:12*

3. Take small _____.

Exodus 4:2-4

Confidence comes from seeing small wins _____ over time.

What small action will you take?



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unhealthy
stunts
missed opportunities
God
weak
actions
accumulate